## Are We In A Recession?

## Jobs Are Still Growing Not Declining

## $\mathbf{F R E D} \approx \approx$ - All Employees, Total Nonfarm



## Real Personal Spending Is Still Positive...Barely

## FRRED $\approx$ - Real Personal Consumption Expenditures



# Real Gross Domestic Income Still Positive 

FRRED $\approx$ - Real gross domestic income



## Employment No Sustained Decline

## $\mathbf{F R}=\mathbf{R} \approx=$ Employment Level



## Manufacturing

## No Sustained Decline

## $\mathrm{ERED} \mathrm{\sim}$ - Industrial Production: Total Index



## Real Personal Income Inconsistent Pattern

PR $\mathrm{ZD} \sim \sim$ Real personal income excluding current transfer receipts


## Manufacturing \& Trade Industry Sales Are Flashing A Recession Signal



## Real Gross Domestic Product Flashing A Recession Signal

## FRED $\approx \approx$ - Real Gross Domestic Product



## Are We Heading For A Recession?

## Recession Dashboard Recession Warning In Effect



## Can The Consumer Keep Spending?

## Savings Consumer Has Not Run Out Of Savings Yet

## $\boldsymbol{F R E D} \approx \sim$ - Personal Saving Rate



## Credit Cards

$\mathbf{= R}=\mathbf{\sim} \approx$ - Consumer Loans: Credit Cards and Other Revolving Plans, All Commercial Banks


## Interest Rates

## What Lies Ahead?

## Federal will continue raise rates until something breaks

- Will it be inflation?
-Will it be the economy?


## Impact on Consumer

## Higher Borrowing Cost Will Slow Consumer Spending <br> - Mortgage Rates

- Credit Cards
- Student Loans
- Car Loans


## Impact on Businesses

## Higher Borrowing Costs Will Slow Business Expansion

- Operating lines will rise with Fed Funds
- Prime: 6.5\% - 7.0\%
- Term rates will be volatile within a range
- 10 Year Treasury: 3.50\% - 4.50\%


## Commercial Real Estate

## Things to Consider

- Fundamentals matter again
- Idaho at risk due to housing affordability
- Resolution on the "new normal" business model needed
- "Just In Case" inventory management
- Multi-family should remain in demand


## Conclusions

- Economy is heading for a recession by end of 2023 if the Federal Reserve continues on its current course of action.
- Recessions are a natural cleansing process for the economy.


## What Should You Do?

- Focus on your business and clients, not on the media
- Ensure your economic disaster recovery plan is ready
- Don't create a self-fulfilling prophecy
- Be ready to look for opportunities

